

This spring we will be offering 12 opportunities to Work with the Seymour Lady Owls Basketball Staff and Players. Our focus will be on Fundamentals, Shooting, and Relationship Building. We feel that it is vital to the success of our program that we excel in these areas. We will provide you with drills that you can do on your own to help improve your all around game. We look forward to seeing you at historic Lloyd Scott Gymnasium.....GO OWLS!!

Dates

March 6,13,27,29 (All at Seymour High School Auxiliary Gym)

April 3,5,10,12,17,19,24,26 (All at Seymour High School Main Gym)

Times

Grades 3-5: 6:00-7:00

Grades 6-8: 7:00-8:15

Cost: **FREE**

Name: _____

Grade: _____

School: _____

Parents Name: _____

Parents Contact #: _____

