

SMS XC Summer Running and South Central Indiana Running Club Summer Running Schedule

June 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sign up for our Texting App to get updates and information...	about upcoming events or canceled practices, etc...	Enter this number 81010 Text this message @9f7a6d7		1	2	3
4	5	6	7	8	9	10
11	12 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	13	14 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	15	16 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	17
18	19 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	20	21 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	22	23 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	24
25	26 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	27	28 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	29	30 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	Notes: The coaches would like to let you know that if it is raining or storming... practice will be canceled for the day.

SCIRC (South Central Indiana Running Club) members that registered during winter running do not need to re-register. (They are paid and covered through December 2017)

SMS XC runners are incoming 6th, 7th, and 8th graders. (2017 – 2018 school year)

Questions: contact boys head coach Brad Cobb (812) 216-1882 CobbB@scsc.k12.in.us or girls head coach Kathy Sunbury (812) 498-6103 SunburyK@scsc.k12.in.us or follow on FB: SMS Cross Country South Central Indiana Running Club (SCIRC)

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July 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 NO Practice this week. RUN ON YOUR OWN!!!	4 RUN ON YOUR OWN!!!	5 RUN ON YOUR OWN!!!	6 RUN ON YOUR OWN!!!	7 RUN ON YOUR OWN!!!	8
9	10 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	11	12 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	13	14 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	15
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23	24 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	25	26 SMS XC Summer Running 7:30 – 8:30 am SCIRC Summer Running 8 – 9 am	27	28 SCIRC Summer Running 8 – 9 am SMS Swim Party at Cobb's 185 East Steinkamp St. Brownstown 12 – 3	29
30	31 1st Official Day of SMS XC practice. 4 – 5 pm at Freeman Field	Notes:				